

# A word from Mrs Milner

Friday 28th April 2023



Dear Parents and Carers

I hope you are well and that you are keeping warm, as spring this year is particularly challenging – cold and wet! I, personally, cannot wait for some sunshine to warm us all up and to bring some joy. Keep fingers crossed – it will happen soon.

I would like to get a little moan out of the way, before I progress to more pleasant things. I have been told by our gate duty staff that some parents stop on the yellow 'zigzag' lines to drop their children off. I am not going to 'name and shame', but I will politely request that parents refrain from stopping at the 'zigzag' lines. Those lines are there for one reason only – to protect our pupils from possible road traffic accidents. So, please once more -do not park or stop on the yellow lines - thank you. I also politely request that parents do not park in the staff car park to drop their children off. I very much appreciate your cooperation in the matter.

Coronation Day is quickly approaching. Our Trust will present the children with a small gift to mark the occasion and our staff have organised 'Coronation Day' activities. Next Friday (05.05.2023), to mark this very special occasion, children are allowed to wear red, blue and white items of clothing to school. Miss Richer will present a very special assembly and our staff have organised activities to commemorate this historic occasion.

As you know, Woodside's art, under the watchful eye of Mrs McCarthy, has been going from strength to strength. Mrs McCarthy has some very exciting news for you...



## ART COMPETITION SUCCESS

Well done to ALL our talented artists who took part in the recent Bucks Coronation Crown Competition.



The judging panel commented, "The standard of the entries was exceptionally high, so well done to everyone in your submission." All participants will receive certificates.

HUGE congratulations to our Tilly T 4TB, who has successfully been selected as a Finalist, in this highly competitive competition.

She will now attend the final in Aylesbury on Thursday 4<sup>th</sup> May where her crown will be assessed by the Judging Panel, which includes; His Majesty's Lord- Lieutenant of Buckinghamshire, The Countess Howe, Lorraine Kelly CBE and Adam Teeuw from Lucasfilm. How exciting!

### Prizes:

- 1st- Pinewood Studios tour and a £150 voucher
- 2nd-£100 voucher
- 3rd-£75



We wish you every success Tilly and hope you enjoy this special occasion. Congratulations. Absolutely amazing success -well done Tilly!



A polite reminder that 02.05.2023 is a national strike day and the following classes will be closed: 4TB, 4A, 5WM and 6C.

I will end my letter to let you know that Year 5 pupils had a very successful geography field day, focusing on their study of a local river as well as wildlife. Children walked to Old Amersham to study the River Misbourne. Please encourage your child to tell you all about their exciting learning opportunity.

As always – with my warmest spring wishes

Dorota Milner, Headteacher

## Dates for your diary

Date	Event
1.5.23	Bank Holiday
2.5.23	Teacher Strike Day: 6C, 5WM, 4TB and 4A
2.5.23	PQA Workshop
3.5.23	3F Trip to Amersham Museum
4.5.23	3J Trip to Amersham Museum
5.5.23	Wear red, white and blue to school and Coronation Tree Planting
8.5.23	Additional BANK HOLIDAY- His Majesty's coronation
9.5.23	SATs Week for Year 6
9.5.23	Year 3 Tennis event at Dr Challoner's
16.5.23	PQA Workshop
26.5.23	Mufti Day- Bring in a bottle for tombola
5.6.23	Inset day
9.6.23	Year 5 Trip to Tate Modern
13.6.23	School Group/Class Photos
13.6.23	Year 4 Tri Golf Festival at Chiltern Hills Academy
15.6.23	Year 5 Athletics at DCHS
17.6.23	PTA Summer Fair—SAVE THE DATE
22.6.23	Careers Day
27.6.23	Year 6 Games at DCHS
29.6.23	Sports Day (reserve date 13.7.23)
w/c 3.7.23	Bike-ability (Yr6)
4.7.23	Transition Day
12.7.23	Year 5 to St Clement Danes School
12.7.23	Year 3 to West Wittering Beach
21.7.23	Break up 1.30pm
	<a href="#">Link to 2023/24 term dates on web-site</a>

## House Point Totals

This Week	272	295	250	314
	Maple	Willow	Elm	Cedar

I will leave you with some quotes about spring.

"Spring is the time of plans and projects."  
-from Anna Karenina by Leo Tolstoy

"It is the sun shining on the rain and the rain falling on the sunshine..."

-from The Secret Garden by Frances Hodgson Burnett

"That is one good thing about this world... there are always sure to be more springs."

-from Anne of Avonlea by L M Montgomery (one of my old time favourite books -ever)

# Woodside Careers Day 2023



Dear parents and carers,

On Thursday 22nd June, we will be holding a careers day in school. We want to inspire our pupils and give them the opportunity to hear about the vast range of careers and jobs that possibly lay ahead for them in the future. We would love to invite parents (or family members) to come and talk to the children about your jobs- about the path you took to get there; what you love; the skills you have learnt along the way. We would love to have a whole range of jobs/ careers for the children to hear about from builders, to photographers, authors, nurses, musicians, landscapers and everything in between!

If you think this is something you could help us with and would be willing to come and talk to individual classes or groups of children, please email the office for the attention of Mrs Harrison.

Many thanks,



# Year 5 Geography Field Trip

Year 5 had a lovely day out in the sunshine today exploring and learning about the River Misbourne in Amersham old town. We sketched the landscape, measured the flowrate of the water and learnt about the History of Amersham and the River Misbourne.

Mr Harvey-Mott



# Safeguarding

What is meant by safeguarding in schools?

## Safeguarding means:

- Protecting children from abuse and maltreatment.
- Preventing harm to children's health or development.
- Ensuring children grow up with the provision of safe and effective care.
- Taking action to enable all children and young people to have the best outcomes.

All our staff here has a duty to safeguard children. Safeguarding is at the heart of everything we do here at Woodside. Great importance is placed on identifying opportunities in the taught curriculum for children to learn about safeguarding. Our broad curriculum gives pupils opportunities to acquire knowledge, understanding, and skills that significantly impact personal development, behaviour, and welfare, and equips every child with the knowledge and skills required for personal safeguarding. Our PSHE curriculum covers areas of safeguarding so please have a look at our website under the Curriculum and PSHE.

Our staff ensure that we have an open and safe learning environment in which pupils express their views, seek help, and help others. The promotion of equality of opportunity and diversity, for pupils and staff, helps prevent any form of direct or indirect discriminatory behaviour. Woodside pupils learn to not tolerate any prejudiced behaviour. Our behaviour policy promotes making good choices and exhibiting good learning behaviours. I would also urge you to have a look at our Safeguarding and Behaviour Policies on our website.



# Wellbeing

Thank you to Mrs Boobier for providing this very useful information -as below.

This is an Ebook produced by the Childrens Action Poverty Group and Mind and it has mental health and social security benefits information all in one place. The book provides an overview of the different types of benefits and of the different types of mental health problems. It helps to understand the kinds of issues that you can encounter when claiming benefits with a mental health problem, and for information on supporting another person going through the claims process.

Click [here](#) to go to their website.

## **What is mental health amongst children?**

Being mentally healthy during childhood means reaching developmental and emotional milestones and learning healthy social skills and how to cope when there are problems. Mentally healthy children have a positive quality of life and can function well at home, in school, and in their communities. Many factors contribute to mental health difficulties amongst children, but below are the main factors.

- Having a long-term physical illness.
- A parent who has had mental health problems, problems with alcohol or has been in trouble with the law.
- The death of someone close to them.
- Witnessing domestic violence amongst adults
- Parents who separate or divorce.
- Experiencing severe bullying or physical or sexual abuse.
- Poverty or homelessness.

## **From NCFE website:**

According to a recent NHS report, one in eight school-age children in England is living with a mental health disorder. The report "[Mental Health of Children and Young People in England](#)" (2017) summarised the key findings in relation to the mental health of children and young people aged 5 to 19 years old. It grouped mental health disorders into four broad types – emotional disorders such as anxiety and depression, behavioural disorders, hyperactivity disorders such as ADHD and less common disorders such as autism spectrum disorders, eating disorders and tic disorders.

The report's findings show that emotional disorders have become more common in 5 to 15-year-olds: up from 4.3% in 1999 and 3.9% in 2004, to 5.8% by 2017.

Whilst all other types of disorder, behavioural, hyperactivity, and other less common disorders, have remained broadly stable amongst 5 to 15-year-olds over the same time period.

## **Other key findings from this report included:**

- 59.1% of young people with a disorder were bullied in the past year
- 25.5% of 11 to 16-year-olds with a disorder reported self-harm or a suicide attempt
- 71.7% with a disorder had a physical health condition or developmental problem
- 35.6% had recognised special educational needs
- Illicit drug use was three times more likely in 11 to 16-year-olds with a mental disorder than in those without one

Please click [here](#) to read the Spring edition of the ODBST termly newsletter.

**Emily A 5HM wrote to the Author who visited the school a few weeks ago (Abi Elphinstone) and received a reply! Well done Emily!**