



What you have said  
about us...!

"The instructors were meticulous and showed detailed subject knowledge. We also had access to quality equipment. I can certainly recommend this as a very good RYA training location."

# About

Bury Lake Young Mariners (BLYM) is a youth charity organisation (Reg no. 1102162) which is used by around 7,500 people each year. Located in the picturesque Rickmansworth Aquadrome, BLYM is run entirely by over 150 volunteers.

BLYM is a Royal Yachting Association (RYA) Recognised Training Centre. We are also approved by the Adventurous Activities Licensing Authority (AALA) for dinghy sailing. At BLYM we pride ourselves on consistently surpassing the safety and operational requirements of these organisations.

## Contact points

### Base Phone

01923 772015

### Website

www.blym.org.uk

### Email

enquiries@blym.org.uk



www.blym.org.uk



*Bury Lake  
Young Mariners*

# What we do

## Youth Sailing Stages (ages 9-16)

All of our 5 day courses run during the school holidays March - October

### Start Sailing 1+2

An introductory course requiring NO previous experience. The confidence that young people gain is shown by the transformation from nervous beginner to keen enthusiast is truly remarkable

### Start Sailing 2+3

This course is aimed at those who have already completed the Stage 1+2 and have been sailing for roughly a season in between

### Start Sailing 3+4

This course will allow you to progress from an improver to a competent sailor. The course is designed to make you more self-sufficient and confident without constant instruction.



## Advanced Modules (2-day courses)

### Start Racing

This course is designed to develop your racing skills further and explore racing strategies around the course.

### Sailing with Spinnakers

Learn how to use a modern asymmetric spinnaker. Learn about power zones, balance, how to hoist, gybe, and drop and how to improve boat speed.

### RYA Seamanship

Focuses on developing independence on the water including sailing without a rudder!

# Junior Days (7-9)

## Messing About in Boats

A great first step into sailing and building confidence

## Oppie Adventures

A 2-Day Introduction to Sailing for 7 - 9 year-olds allowing them to begin their sailing adventure.



All bookings through the website: [www.blym.org.uk](http://www.blym.org.uk)