DISHES, COOKING INGREDIENTS AND THEIR ALLERGEN CONTENT – Woodside Junior School Wrap Around Care (Hideout Zone)

DISHES			Ve		¥.			Lupin Flour			MUSTARD				~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	Barr
	Celery	Cereals containing gluten	Barley	Rye	Crustace ans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cornflakes			\checkmark													
Bran Flakes		\checkmark	\checkmark													
Weetabix		\checkmark	\checkmark													
Scrambled Eggs/Boiled Eggs etc						\checkmark			(as part of scrambled egg)							
Scotch Pancakes / Sweet Pancakes		\checkmark				\checkmark			\checkmark							
Multigrain Hoops		\checkmark	\checkmark													
Honey Hoops		\checkmark	\checkmark													
Utterly Butterly									\checkmark							
Wholemeal Bread		\checkmark													\checkmark	
Croissants		\checkmark				\checkmark			\checkmark							
Crumpets		\checkmark														
Fruit Loaf		\checkmark													\checkmark	
Puff Pastry		\checkmark														
Caramelised Onion Houmous / Red Pepper Houmous														\checkmark		
Mozzarella / Cheddar Cheese									\checkmark							
Grissini Breadsticks		\checkmark	\checkmark													

DISHES			Ve		Y.			Lupin Flour			MUSTARD				6	Coor Wine
	Celery	Cereals containing gluten	Barley	Rye	Crustace ans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Salted Pretzels		\checkmark														
Ryvita		*		\checkmark										*	*	
Tortilla Wraps		\checkmark														
Pitta		\checkmark														
All Butter Brioche Loaf		\checkmark		\checkmark		\checkmark			\checkmark			*		*	*	
Wafer Thin Chicken Slices						*										
Yoghurts / Milk									\checkmark							
Review date: 16.10.22 Reviewed by: Gillian Nickless, School Business Manager																

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Whilst not an ingredient the manufacturer has said that this product is (or may) not be suitable for individuals with an allergy to these foods