DISHES, COOKING INGREDIENTS AND THEIR ALLERGEN CONTENT - Woodside Junior School Wrap Around Care (Hideout Zone)

| DISHES | $\sqrt{3}$ |  | $V_{i=s}$ |  |  | nn | $\underbrace{\frac{1}{111}}$ |  |  |  |  |  | Osiso |  | $4_{0}^{08}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Barley | Rye | Crustace ans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cornflakes |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bran Flakes |  | $\sqrt{ }$ | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Weetabix |  | $\sqrt{ }$ | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Scrambled Eggs/Boiled Eggs etc |  |  |  |  |  | $\sqrt{ }$ |  |  | $\boldsymbol{V}_{\text {(as part of }}^{\text {scrambled egg) }}$ |  |  |  |  |  |  |  |
| Scotch Pancakes / Sweet Pancakes |  | $\sqrt{ }$ |  |  |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Multigrain Hoops |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Honey Hoops |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Utterly Butterly |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Wholemeal Bread |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Croissants |  | $\sqrt{ }$ |  |  |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Crumpets |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Loaf |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Puff Pastry |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Caramelised Onion Houmous / Red Pepper Houmous |  |  |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |
| Mozzarella / Cheddar Cheese |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Grissini Breadsticks |  | $\checkmark$ | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES |  | $\sqrt{6}$ |  | $y_{=0}$ |  |  | n |  |  |  |  |  |  | $0$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Celery |  | Barley | Rye | Crustace ans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Salted Pretzels |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ryvita |  |  | * |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  | * | * |  |
| Tortilla Wraps |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pitta |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| All Butter Brioche Loaf |  |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  | * |  | * | * |  |
| Wafer Thin Chicken Slices |  |  |  |  |  |  | * |  |  |  |  |  |  |  |  |  |  |
| Yoghurts / Milk |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Review date: | 16.10.22 |  |  |  | viewed | : Gillia | Nickless, | , School B | siness Ma | nager |  |  |  | u can find this te cluding more inf ww.food.gov.uk/a | template, formation at /allergy |  |  |

* Whilst not an ingredient the manufacturer has said that this product is (or may) not be suitable for individuals with an allergy to these foods

